

NOTIFICATION OF SCHEDULED MAINTENANCE - TUESDAY 10TH JANUARY 2023 06:00AM GMT

## ALLERGENS TABLE

## SPC - JAN 2023

| NIBBLES                            | Celery | Cereals Containing Gluten                                 | Crustaceans | Eggs        | Fish | Lupin | Milk         | Molluscs     | Mustard | Nuts        | Peanuts | Sesame Seeds | Soya | Sulphites    |
|------------------------------------|--------|---|-------------|-------------|------|-------|--------------|--------------|---------|-------------|---------|--------------|------|--------------|
| Marinated Olives                   |        |   |             |             |      |       |              |              |         |             |         |              |      |              |
| Little Sausage Rolls - Snack - SPC |        | Does contain Wheat<br>Barley<br>Rye                       |             |             |      |       | Does contain |              |         |             |         |              |      | Does contain |
| Oysters - Three - SPC              |        |   |             |             |      |       |              | Does contain |         |             |         |              |      | Does contain |
| Oysters - Six - SPC                |        |   |             |             |      |       |              | Does contain |         |             |         |              |      | Does contain |
| Warm Sourdough Loaf                |        | Does contain Wheat<br>(May contain Oats<br>Barley<br>Rye) |             | May contain |      |       | Does contain |              |         | May contain |         | May contain  |      |              |

| STARTERS   | Celery       | Cereals Containing Gluten                                 | Crustaceans  | Eggs         | Fish         | Lupin | Milk         | Molluscs | Mustard      | Nuts         | Peanuts      | Sesame Seeds | Soya         | Sulphites    |
|--|--------------|---|--------------|--------------|--------------|-------|--------------|----------|--------------|--------------|--------------|--------------|--------------|--------------|
| Haddock Goujons - SPC                            | May contain  | Does contain Wheat  |              | Does contain | Does contain |       | May contain  |          | Does contain | May contain  | May contain  | May contain  | May contain  | May contain  |
| Crab Pate - SPC                                  | Does contain | Does contain Wheat  | Does contain | Does contain | Does contain |       | Does contain |          | Does contain | May contain  |              | May contain  | May contain  | Does contain |
| Devilled Livers - SPC                            |              | Does contain Wheat<br>(May contain Oats<br>Barley<br>Rye) |              | May contain  |              |       | Does contain |          | Does contain | May contain  |              | May contain  |              | Does contain |
| Chris Neve's Smoked Salmon - SPC                 | May contain  | Does contain Wheat<br>Barley                              |              | Does contain | Does contain |       | Does contain |          | Does contain | May contain  | May contain  | May contain  | May contain  | Does contain |
| Seafood - Gochujang Pork Belly skewers SPC 4X25G | May contain  | Does contain Wheat  |              |              |              |       | Does contain |          | Does contain | Does contain | Does contain | Does contain | Does contain | Does contain |
| Cheese Fritters - Yorkshire                      |              | Does contain Wheat  |              | Does contain |              |       | Does contain |          | Does contain |              |              |              | May contain  | Does contain |
| Seafood - Wild Mushroom Gnocchi - Starter        | May contain  | Does contain Wheat  |              | May contain  |              |       | Does contain |          | Does contain | Does contain | May contain  | May contain  | May contain  | Does contain |
| Seafood - Wild Mushroom Gnocchi - Large          | May contain  | Does contain Wheat  |              | May contain  |              |       | Does contain |          | Does contain | Does contain | May contain  | May contain  | May contain  | Does contain |

| LUNCH                               | Celery       | Cereals Containing Gluten | Crustaceans  | Eggs         | Fish         | Lupin | Milk         | Molluscs | Mustard      | Nuts        | Peanuts     | Sesame Seeds | Soya         | Sulphites    |
|-------------------------------------|--------------|---------------------------|--------------|--------------|--------------|-------|--------------|----------|--------------|-------------|-------------|--------------|--------------|--------------|
| Persian Chicken Wrap - SPC          | Does contain | Does contain Wheat        |              |              |              |       | Does contain |          | Does contain |             |             | May contain  |              |              |
| Fish Cakes SPC                      |              | Does contain Wheat        |              | Does contain | Does contain |       | Does contain |          | Does contain |             |             |              |              |              |
| Goats Cheese & Beetroot Salad SPC   |              |                           |              |              |              |       | Does contain |          |              |             |             |              |              | Does contain |
| Grilled Haddock - SPC               | Does contain | Does contain Wheat        |              |              | Does contain |       | Does contain |          |              |             |             |              |              |              |
| Korean Crispy Bao Buns              | May contain  | Does contain Wheat        |              |              |              |       | May contain  |          | May contain  | May contain | May contain | Does contain | Does contain | Does contain |
| Smoked Salmon Omelette - SPC        |              |                           |              | Does contain | Does contain |       | Does contain |          |              |             |             |              |              | Does contain |
| Eggs Benedict - Bacon - SPC         |              | Does contain Wheat Barley |              | Does contain |              |       | Does contain |          | Does contain |             |             | Does contain | Does contain | Does contain |
| Eggs Benedict - Smoked Salmon - SPC |              | Does contain Wheat Barley |              | Does contain | Does contain |       | Does contain |          | Does contain |             |             | Does contain | Does contain | Does contain |
| Eggs Benedict - Avocado             |              | Does contain Wheat Barley |              | Does contain |              |       | Does contain |          | Does contain |             |             | Does contain | Does contain | Does contain |
| Eggs Benedict - Spinach             |              | Does contain Wheat Barley |              | Does contain |              |       | Does contain |          | Does contain |             |             | Does contain | Does contain | Does contain |
| Ham Hock and Cheese Toastie SPC     |              | Does contain Wheat        |              |              |              |       | Does contain |          | Does contain | May contain |             | May contain  | May contain  | Does contain |
| Lobster Roll SPC 2                  |              | Does contain Wheat        | Does contain | Does contain |              |       |              |          | Does contain | May contain |             | May contain  | May contain  |              |

| MAINS  | Celery       | Cereals Containing Gluten | Crustaceans  | Eggs         | Fish         | Lupin | Milk         | Molluscs     | Mustard      | Nuts         | Peanuts     | Sesame Seeds | Soya        | Sulphites    |
|--|--------------|---------------------------|--------------|--------------|--------------|-------|--------------|--------------|--------------|--------------|-------------|--------------|-------------|--------------|
| Seafood - Coq Au Vin                         | May contain  | May contain               |              |              | May contain  |       | Does contain |              | May contain  | May contain  | May contain | May contain  | May contain | Does contain |
| Goan King Prawn Curry - SPC                  | May contain  | Does contain Wheat        | Does contain |              | Does contain |       | Does contain |              | Does contain | Does contain | May contain | May contain  | May contain | Does contain |
| Fish Pie - SPC                               | Does contain |                           | Does contain |              | Does contain |       | Does contain |              |              |              |             |              |             | Does contain |
| Seafood - Smoked Ham & Chicken Pot Pie - SPC |              | Does contain Wheat        |              | Does contain |              |       | Does contain |              | Does contain |              |             |              | May contain | Does contain |
| Battered Haddock - SPC                       | May contain  | Does contain Wheat        |              | Does contain | Does contain |       | May contain  |              | Does contain | May contain  | May contain | May contain  | May contain | Does contain |
| Fruits De Mer SPC2                           | Does contain | Does contain Wheat        | Does contain | Does contain | Does contain |       | Does contain | Does contain | Does contain | May contain  |             | May contain  | May contain | Does contain |

| GRILL                      | Celery       | Cereals Containing Gluten | Crustaceans  | Eggs         | Fish | Lupin | Milk         | Molluscs | Mustard      | Nuts         | Peanuts     | Sesame Seeds | Soya         | Sulphites    |
|----------------------------|--------------|---------------------------|--------------|--------------|------|-------|--------------|----------|--------------|--------------|-------------|--------------|--------------|--------------|
| Persian Courgette          | Does contain | May contain               |              |              |      |       | Does contain |          | May contain  | Does contain | May contain | May contain  | Does contain | Does contain |
| 8oz Steak Burger - SPC     | Does contain | Does contain Wheat        |              | Does contain |      |       |              |          | Does contain | Does contain |             | Does contain | Does contain | Does contain |
| Add Gouda Cheese           |              |                           |              |              |      |       | Does contain |          |              |              |             |              |              |              |
| Add Bacon SPC              |              |                           |              |              |      |       |              |          |              |              |             |              |              |              |
| Gammon Steak               | Does contain |                           |              | Does contain |      |       |              |          |              |              |             |              |              | Does contain |
| Rump Steak SPC             |              |                           |              |              |      |       |              |          |              |              |             |              |              | Does contain |
| 12oz Rib Eye Steak - SPC   |              |                           |              |              |      |       |              |          |              |              |             |              |              | Does contain |
| 8oz Fillet Steak - SPC     |              |                           |              |              |      |       |              |          |              |              |             |              |              | Does contain |
| T-Bone Steak - SPC         |              |                           |              |              |      |       |              |          |              |              |             |              |              | Does contain |
| Pepper Sauce SPC           | Does contain |                           |              |              |      |       | Does contain |          |              |              |             |              |              | Does contain |
| Blue Cheese Sauce SPC      |              |                           |              |              |      |       | Does contain |          |              |              |             |              |              |              |
| Garlic Prawns SPC          | May contain  | May contain               | Does contain |              |      |       | Does contain |          | May contain  | May contain  | May contain | May contain  | May contain  | May contain  |
| Half Grilled Lobster SPC2  |              |                           | Does contain | Does contain |      |       | Does contain |          | Does contain |              |             |              |              | Does contain |
| Whole Grilled Lobster SPC2 |              |                           | Does contain | Does contain |      |       | Does contain |          | Does contain |              |             |              |              | Does contain |

| SIDES                   | Celery       | Cereals Containing Gluten | Crustaceans | Eggs        | Fish | Lupin | Milk         | Molluscs | Mustard     | Nuts        | Peanuts     | Sesame Seeds | Soya        | Sulphites    |
|-------------------------|--------------|---------------------------|-------------|-------------|------|-------|--------------|----------|-------------|-------------|-------------|--------------|-------------|--------------|
| Hand Cut Chips          |              |                           |             |             |      |       |              |          |             |             |             |              |             | Does contain |
| Sea Salt Fries          |              |                           |             |             |      |       |              |          |             |             |             |              |             |              |
| Tenderstem Broccoli SPC |              |                           |             |             |      |       | Does contain |          |             |             |             |              |             |              |
| Garden Salad            |              |                           |             |             |      |       |              |          |             |             |             |              |             | Does contain |
| Seasonal Vegetables     | Does contain |                           |             |             |      |       | Does contain |          |             |             |             |              |             |              |
| Onion Rings             | May contain  | Does contain Wheat        |             | May contain |      |       | May contain  |          | May contain | May contain | May contain | May contain  | May contain | May contain  |

| DESSERTS   | Celery       | Cereals Containing Gluten | Crustaceans | Eggs         | Fish | Lupin | Milk         | Molluscs | Mustard      | Nuts         | Peanuts     | Sesame Seeds | Soya         | Sulphites    |
|--|--------------|---------------------------|-------------|--------------|------|-------|--------------|----------|--------------|--------------|-------------|--------------|--------------|--------------|
| Chocolate & Caramel Truffles                     |              |                           |             |              |      |       | Does contain |          |              |              |             |              | Does contain |              |
| Seafood - Madelines SPC                          | May contain  | Does contain Wheat        |             | Does contain |      |       | Does contain |          | May contain  | May contain  | May contain | May contain  | May contain  | May contain  |
| Seafood - SOURDOUGH SPICED STICKY TOFFEE PUDDING | May contain  | Does contain Wheat        |             | May contain  |      |       | May contain  |          | May contain  | May contain  | May contain | May contain  | Does contain | Does contain |
| Seafood - BAKED CHEESECAKE                       |              |                           |             | Does contain |      |       | Does contain |          |              |              |             |              |              | Does contain |
| Dark Chocolate Fondant - Gluten Free             |              | May contain               |             | Does contain |      |       | Does contain |          |              | Does contain | May contain | May contain  | Does contain | May contain  |
| Seafood - Rhubarb Pavlova SPC                    |              |                           |             | Does contain |      |       | Does contain |          |              | May contain  | May contain |              | May contain  |              |
| Seafood - Ribble Gin Trifle                      | Does contain | Does contain Wheat        |             | Does contain |      |       | Does contain |          | Does contain | Does contain | May contain | May contain  | May contain  | Does contain |

| Sunday Roasts                      | Celery       | Cereals Containing Gluten | Crustaceans | Eggs         | Fish | Lupin | Milk         | Molluscs | Mustard | Nuts | Peanuts | Sesame Seeds | Soya         | Sulphites    |
|------------------------------------|--------------|---------------------------|-------------|--------------|------|-------|--------------|----------|---------|------|---------|--------------|--------------|--------------|
| Roast Chicken Sunday SPC           | Does contain | Does contain Wheat        |             | Does contain |      |       | Does contain |          |         |      |         |              | May contain  | Does contain |
| Sunday Roast Pork - SPC            | Does contain | Does contain Wheat        |             | Does contain |      |       | Does contain |          |         |      |         |              | May contain  | Does contain |
| Sunday roast - Sirloin Beef - SPC  | Does contain | Does contain Wheat        |             | Does contain |      |       | Does contain |          |         |      |         |              | May contain  | Does contain |
| Veggie Roast SPC                   |              | Does contain Wheat        |             | Does contain |      |       | Does contain |          |         |      |         |              | Does contain |              |
| Pigs in Blanket SPC                |              | Does contain Wheat        |             |              |      |       |              |          |         |      |         |              |              | Does contain |
| Cauliflower Cheese SPC             | Does contain | Does contain Wheat        |             |              |      |       | Does contain |          |         |      |         |              |              |              |
| Sage & Onion Stuffing - Vegetarian |              |                           |             | Does contain |      |       | Does contain |          |         |      |         |              |              |              |

| KIDS MENU                         | Celery       | Cereals Containing Gluten | Crustaceans  | Eggs         | Fish         | Lupin | Milk         | Molluscs | Mustard     | Nuts         | Peanuts      | Sesame Seeds | Soya         | Sulphites    |
|-----------------------------------|--------------|---------------------------|--------------|--------------|--------------|-------|--------------|----------|-------------|--------------|--------------|--------------|--------------|--------------|
| Little Sausage Rolls - Kids - SPC |              | Does contain Wheat        |              |              |              |       | Does contain |          |             |              |              |              |              | Does contain |
| Garlic Bread - Kids               |              | Does contain Wheat        |              |              |              |       | Does contain |          |             | May contain  |              | May contain  | May contain  |              |
| Fish Bites - SPC                  | Does contain | Does contain Wheat        |              | May contain  | Does contain |       | May contain  |          | May contain | May contain  | May contain  | May contain  | May contain  | May contain  |
| Kids Beef Burger - SPC            |              | Does contain Wheat        |              |              |              |       | Does contain |          |             | Does contain |              | Does contain | Does contain | Does contain |
| Kids Fish Pie - SPC               | Does contain |                           | Does contain |              | Does contain |       | Does contain |          |             |              |              |              |              | Does contain |
| Omelette - Kids                   |              | Does contain Wheat        |              | Does contain |              |       | Does contain |          |             |              |              |              | Does contain |              |
| Chicken Goujons - SPC             | May contain  | Does contain Wheat        |              | May contain  |              |       | May contain  |          | May contain | May contain  | May contain  | May contain  | May contain  | May contain  |
| Sausage & Mash - Kids - SPC       | Does contain | Does contain              |              |              |              |       |              |          |             |              |              |              |              | Does contain |
| Kids Roast Chicken SPC            | Does contain | Does contain Wheat        |              | Does contain |              |       | Does contain |          |             |              |              |              | Does contain | Does contain |
| Kids Sunday Roast - Sirloin - SPC | Does contain | Does contain Wheat        |              | Does contain |              |       | Does contain |          |             |              |              |              | May contain  | Does contain |
| Kids Jelly                        |              |                           |              |              |              |       | Does contain |          |             | Does contain | Does contain |              | Does contain | Does contain |
| Ice Cream with Choc Sauce - Kids  |              |                           |              |              |              |       | Does contain |          |             | Does contain | Does contain |              | Does contain |              |
| Berry & Marshmallow Skewers       |              |                           |              |              |              |       | Does contain |          |             |              |              |              | Does contain |              |

| Breakfast/Brunch                        | Celery      | Cereals Containing Gluten | Crustaceans | Eggs         | Fish         | Lupin | Milk         | Molluscs | Mustard      | Nuts        | Peanuts     | Sesame Seeds | Soya         | Sulphites    |
|---|-------------|---------------------------|-------------|--------------|--------------|-------|--------------|----------|--------------|-------------|-------------|--------------|--------------|--------------|
| Omelette                                |             | Does contain Wheat        |             | Does contain |              |       | Does contain |          |              |             |             |              | Does contain |              |
| Breakfast Muffin - Fried Eggs           |             | Does contain Wheat Barley |             | Does contain |              |       | Does contain |          |              |             |             | Does contain | Does contain | Does contain |
| Breakfast Muffin SPC                    |             | Does contain Wheat Barley |             |              |              |       | Does contain |          |              |             |             | Does contain | Does contain | Does contain |
| Breakfast Muffin - Bacon - SPC          |             | Does contain Wheat Barley |             |              |              |       | Does contain |          |              |             |             | Does contain | Does contain | Does contain |
| Breakfast Muffin - Sausage - SPC        |             | Does contain Wheat Barley |             |              |              |       | Does contain |          |              |             |             | Does contain | Does contain | Does contain |
| Avocado & Poached Eggs                  |             | Does contain Wheat        |             | Does contain |              |       |              |          |              |             |             |              | Does contain | Does contain |
| Eggs Benedict - Breakfast - Spinach     |             | Does contain Wheat Barley |             | Does contain |              |       | Does contain |          | Does contain |             |             | Does contain | Does contain | Does contain |
| Eggs Benedict - Breakfast - Salmon- SPC |             | Does contain Wheat Barley |             | Does contain | Does contain |       | Does contain |          | Does contain |             |             | Does contain | Does contain | Does contain |
| Eggs Benedict - Breakfast - Bacon - SPC |             | Does contain Wheat Barley |             | Does contain |              |       | Does contain |          | Does contain |             |             | Does contain | Does contain | Does contain |
| Full English - SPC                      |             | Does contain Wheat        |             | Does contain |              |       |              |          |              |             |             |              | Does contain | Does contain |
| Full Veggie Breakfast                   |             | Does contain Wheat        |             | Does contain |              |       |              |          |              |             |             |              | Does contain |              |
| Pancakes - Pumpkin & Cinnamon           | May contain | Does contain Wheat        |             | Does contain |              |       | Does contain |          | May contain  | May contain | May contain | May contain  | May contain  | May contain  |
| Pancake Brunch SPC                      | May contain | Does contain Wheat        |             | Does contain |              |       | Does contain |          | May contain  | May contain | May contain | May contain  | May contain  | May contain  |
| French Toast                            |             | Does contain Wheat        |             | Does contain |              |       | Does contain |          |              |             |             |              | May contain  | Does contain |
| Kipper & Poached Eggs - SPC             |             | Does contain Wheat        |             | Does contain | Does contain |       | Does contain |          |              |             |             |              | May contain  | Does contain |
| Spicy Merguez Sausage - SPC             | May contain | May contain               |             | Does contain |              |       | May contain  |          | May contain  | May contain | May contain | May contain  | May contain  | Does contain |
| Baked Eggs Shakshuka                    | May contain | May contain               |             | Does contain |              |       | May contain  |          | May contain  | May contain | May contain | May contain  | May contain  | Does contain |
| Steak & Eggs - SPC                      |             |                           |             | Does contain |              |       |              |          |              |             |             |              |              | Does contain |