

Main menu																		Calories Kcal
Snacks	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluses	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites				Snacks
Olives																		111
Little Sausage Rolls			Does Contain		Does Contain Wheat, Barley & Rye		Does Contain											328
3/6 Oysters								Does Contain										21/ 28
Sourdough Loaf with Butter	May Contain				Does Contain Wheat		Does Contain			May Contain	May Contain	May Contain	May Contain	May Contain				770
Starters	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluses	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites				Starters
Haddock Goujons			Does Contain	Does Contain	Does Contain Wheat				Does Contain									262
Crab Pate	Does Contain	Does Contain	Does Contain	Does Contain	Does Contain Wheat		Does Contain		Does Contain	May Contain	May Contain							222
Smoked Salmon			Does Contain	Does Contain	Does Contain Wheat & Barley		Does Contain			May Contain		May Contain	May Contain	Does Contain				409
Sweetcorn Fritters	Does Contain				Does Contain Wheat & Oat				Does Contain			Does Contain	Does Contain					204
Salt Beef Hashcake			Does Contain		Does Contain Wheat		Does Contain											242
Camembert & Fig Parcels			Does Contain		Does Contain Wheat		Does Contain						May Contain	May Contain				323
Yakitori Chicken									Does Contain			Does Contain	Does Contain	Does Contain				392
Butternut Squash Risotto	Does Contain		May Contain		May Contain	May Contain	May Contain			May Contain	May Contain	May Contain						179/358

Lunch	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluses	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites				Lunch
Smoked Salmon Omelette			Does Contain	Does Contain			Does Contain							Does Contain				508
Grilled Haddock	Does Contain			Does Contain	Does Contain Wheat		Does Contain											722
Eggs Benedict - Bacon			Does Contain		Does Contain Wheat & Barley		Does Contain					May Contain	Does Contain	Does Contain				1016
Eggs Benedict - Salmon			Does Contain	Does Contain	Does Contain Wheat & Barley		Does Contain					May Contain	Does Contain	Does Contain				837
Eggs Benedict - Spinach			Does Contain		Does Contain Wheat & Barley		Does Contain					May Contain	Does Contain	Does Contain				756
Eggs Benedict - Avocado			Does Contain		Does Contain Wheat & Barley		Does Contain					May Contain	Does Contain	Does Contain				828
Goats Cheese & Beetroot Salad							Does Contain											705
Ham & Cheese Toastie					Does Contain Wheat		Does Contain		Does Contain									960
Turkey & Cranberry Wrap			Does Contain		Does Contain Wheat		Does Contain		Does Contain	Does Contain			Does Contain	Does Contain				798
Lobster Rolls		Does Contain	Does Contain		Does Contain Wheat				Does Contain									374
Seasonal Fishcakes	May Contain		Does Contain	Does Contain	Does Contain Wheat		Does Contain		May Contain			May Contain		Does Contain				430
Nasi Goreng			Does Contain	Does Contain	May Contain		Does Contain		Does Contain	May Contain	May Contain	Does Contain	Does Contain	Does Contain				311
Korean Beef Bao	May Contain				Does Contain Wheat		Does Contain		May Contain	May Contain	May Contain	Does Contain	Does Contain	Does Contain				766
Mains	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluses	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites				Mains
Fruits De Mer		Does Contain	Does Contain	Does Contain				Does Contain	May Contain					Does Contain				860
Battered Haddock			Does Contain	Does Contain	Does Contain Wheat		Does Contain		Does Contain									568
English Rose Turkey	Does Contain		Does Contain	May Contain	Does Contain Wheat		Does Contain			Does Contain Chestnuts			May Contain	Does Contain				773
Roast Hake Loin	May Contain		Does Contain	Does Contain	May Contain		Does Contain			May Contain				Does Contain				825
Confit Duck Leg	Does Contain		Does Contain	May Contain	May Contain		Does Contain						May Contain	Does Contain				1766

Desserts	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Desserts
Truffles							Does Contain						Does Contain		225
Orange Posset					Does Contain Wheat		Does Contain								577
Panettone Bread & Butter Pudding			Does Contain		Does Contain Wheat		Does Contain		May Contain		May Contain			Does Contain	925
Ribble Gin Trifle	Does Contain		Does Contain		Does Contain Wheat		Does Contain		Does Contain	Does Contain Almonds	May Contain	May Contain	May Contain	Does Contain	527
Bitter Chocolate Pudding			May Contain		Does Contain Wheat		May Contain						Does Contain	Does Contain	593
Ice Cream			Does Contain		May Contain		Does Contain			May Contain	May Contain		May Contain	May Contain	NA
Sorbet Selection															NA
Cheese Selection 3 / 5	May Contain				Does Contain Wheat		Does Contain			May Contain	May Contain	May Contain		Does Contain	477 / 668

Kids menu															
Dish	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Kids
Sausage Rolls			Does Contain		Does Contain Wheat, Barley & Rye		Does Contain							Does Contain	348
Garlic Bread					Does Contain Wheat		Does Contain								252
Fish Bites				Does Contain	Does Contain Wheat										326
Beef Burger			Does Contain		Does Contain Wheat		Does Contain					Does Contain			603
Fish Pie	Does Contain	Does Contain		Does Contain	May Contain Wheat		Does Contain							Does Contain	840
Omelette			Does Contain				Does Contain							Does Contain	357
Chicken Goujons			Does Contain		Does Contain Wheat		Does contain		Does Contain						472
Sausage & Mash					Does Contain Wheat		Does Contain						Does Contain	Does Contain	472
Sunday Roast - Beef / Chicken	May Contain		Does Contain		Does Contain Wheat		Does Contain		Does Contain					Does Contain	828 / 1250
Roast Potato							Does Contain								NA
Mash Potato							Does Contain								NA
Yorkshire Pudding			Does Contain		Does Contain Wheat		Does Contain								NA
Kale							Does Contain								NA
Carrot							Does Contain								NA
Cauliflower Cheese					Does Contain Wheat		Does Contain		Does Contain						NA
Gravy	May Contain													Does Contain	NA
Pigs in Blankets					Does Contain Wheat									Does Contain	530
Raspberry Jelly														Does Contain	108
Ice Cream					May Contain		Does Contain						Does Contain	Does Contain	163
Berry & Marshmallow Skewers							Does Contain						Does Contain		166
Breakfast & Brunch Menu															
Dish	Celery	Crustaceans	Eggs	Fish	Gluten	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphites	Breakfast & Brunch
Avacado toast			Does Contain		Does Contain Wheat		Does Contain					May Contain	May Contain	May Contain	368

Eggs Benedict - Bacon			Does Contain		Does Contain Wheat & Barley		Does Contain					May Contain	May Contain	May Contain	894
Eggs Benedict - Salmon			Does Contain	Does Contain	Does Contain Wheat & Barley		Does Contain					May Contain	May Contain	May Contain	717
Eggs Benedict - Spinach			Does Contain		Does Contain Wheat & Barley		Does Contain					May Contain	May Contain	May Contain	625
Full Breakfast			Does Contain		Does Contain Wheat		Does Contain					May Contain		Does Contain	1071
Veggie Full Breakfast			Does Contain		Does Contain What							May Contain		Does Contain	466
Omelette			Does Contain				Does Contain						Does Contain	Does Contain	602
Smoked Salmon muffin			Does Contain	Does Contain	Does Contain Wheat & Barley		Does Contain					May Contain			669
Baked Eggs Shakshuka	Does Contain		Does Contain						Does Contain					Does Contain	353
French Toast			Does Contain		Does Contain Wheat		Does Contain					May Contain		Does Contain	551
Kipper			Does Contain	Does Contain	Does Contain Wheat		Does Contain							Does Contain	757
Pancakes			Does Contain		Does Contain Wheat		Does Contain							Does Contain	449
Spicy Merguez	Does Contain		Does Contain		Does Contain Wheat		Does Contain		Does Contain			Does Contain		Does Contain	444
Steak and Eggs			Does Contain				Does Contain							Does Contain	524